

# PROMOTING RESILIENCY, ADAPTATION AND EDUCATION FOR RETURN TO SCHOOL AFTER A SPINAL CORD INJURY

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## Baggage Claim

- Psychosocial
- Medical
- Equipment
- School
- Transportation
- Community Mobility and Access
- Job
- Driving
- Rehab History



## Fueling

- Education
- Management of Medical Needs



## Potential Detour:

- Adapting to challenges



## Landmarks

- Problem Solving
- Transportation
- Self Management



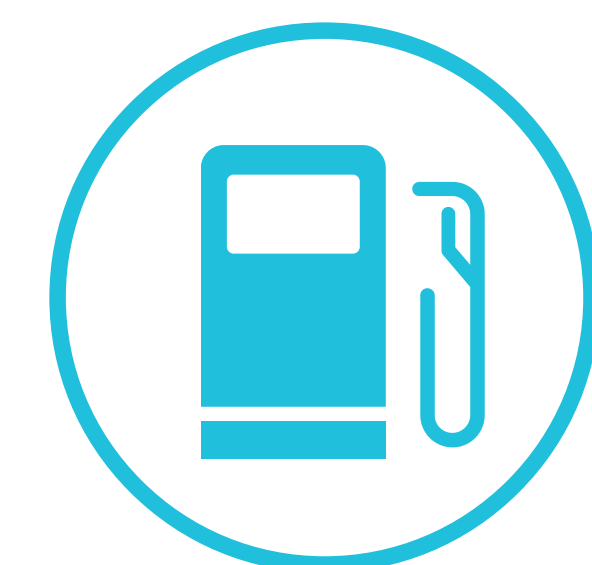
## Fork In the Road:

- Role changes as a person gains more independence



## Landmarks

- Advocacy and Directing Care
- Community Mobility
- Lifestyle Management



## Fueling

- Advocacy
- Education
- Vocational Rehab



## Landmarks

- Moving Body Safely
- Accessibility
- Equipment



## Rest Station

- Skin Checks
- Bowel and Bladder



## Fueling

- Peer and Social Support
- Celebrating Milestones



## Rest Station

- Exercise, nutrition, health, wellness



## Rest Stop

- Self identity in relation to disability identity

ABILITY<sup>KC</sup>