PROMOTING RESILIENCY, ADAPTATION AND EDUCATION FOR RETURN TO SCHOOL AFTER A SPINAL CORD INJURY

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Baggage Claim
- Psychosocial
- Medical
- Equipment
- School
- Transportation
- Community Mobility and Access
- Job
- Driving
- Rehab History

Potential Detour:
- Adapting to challenges

Fork In The Road:
- Role changes as a person gains more independence

Landmarks
- Advocacy
- Directing Care
- Community Mobility
- Lifestyle
- Management

Fueling
- Education
- Management of Medical Needs

Rest Stop
- Self identity in relation to disability identity

Landmarks
- Moving Body Safely
- Accessibility
- Equipment

Rest Station
- Skin Checks
- Bowel and Bladder

Fueling
- Peer and Social Support
- Celebrating Milestones

Rest Station
- Exercise, nutrition, health, wellness

*References upon request